

#### **Introduction**

Many institutions are doing research and development on food. The aim is to improve the nutritional value of the food. The parameters may be to compare different foods or different manufactures or to generically improve the food. Other aspects may be to improve the digestion and energy absorption of animal feeds.

Part of the research involves determining the calorific value of the food. The calorific value of a particular food is the same as the energy content of that food.

The food can be for either human or animal consumption.

#### **Institutions performing this type of research include:**

- Animal and Dairy research
- Department of Agriculture
- Universities
- Technicians
- Government or private food industries

#### **Sample Preparation**

A calorimeter is used to determine the calorific value of any substance that can be ignited. The substance must be in liquid or solid form. In the food industry most samples are in solid form as generally more energy is obtained from solid foods as opposed to liquid substances.

The sample to be measured must be a representative sample and homogeneous. The sample should be ground into a powder, well mixed and then pressed into tablet form. Pressing the sample into a tablet prevents splattering when the sample burns. Splattering is when un-burnt sample is thrown out of the crucible during the combustion process, thus causing inaccurate results. In tablet form, food samples usually burn consistently and without splattering.

Some substances such as maize when ground into a powder will ignite easily and not splatter, but burns with a large open flame, which can easily destroy the o-rings in the vessel. Consequently maize should always be pressed into tablet form.

Certain items such as sugar can be analysed without pressing into tablets – weigh the sugar directly into the crucible.

All samples should have no moisture present before analysing. Freeze-drying the sample can remove the moisture.

#### **Spiking**

If a sample does not ignite easily or not at all, then the spiking method of ignition can be used. In this method a benzoic acid tablet is added to the crucible with the sample. The benzoic acid burns easily and ignites the sample; the energy of the benzoic acid is removed from the calculation of the calorific value.

## Analysis

Once the sample has been prepared the determination can be carried out in the normal method.

Ensure that the firing cotton touches the sample – with tablets lay the cotton on the bottom of the crucible and then move the tablet on top of the cotton. During the filling process do not knock the vessel, ensuring that the tablet does not move off the cotton.

When substances are being analysed for the first time always check after the determination for any residue on the walls of the vessel and check that the entire sample has burnt.

After a determination clean the inside of the vessel and the crucible before starting the next determination.

## Results

Sample – freeze dried white sugar



	Mass (gm)	Mj/kg
1	0.8012	16.40
2	0.8011	16.42
3	0.8011	16.43
4	0.8000	16.41
5	0.8008	16.41
6	0.8007	16.42
7	0.8007	16.42
8	0.8007	16.41
9	0.8008	16.40
10	0.8004	16.42
Average		16.41
Standard deviation		0.01
%Relative standard deviation		0.05

## Conclusion

The calorific value of almost any food type can be determined. Calorific value analysis of a food type is one of many results required to determine the nutritional value of any food for either human or animal consumption.



## Results on Animal Feed

Below are some examples of other animal feed and the calorific value achieved:

<b>Sample</b>	<b>MJ/kg animal feed concentrate 20.20</b>
Maize	16.16
Sorghum	16.16
Fishmeal	18.61
Soya Full Fat	21.63
Wheat Bran	16.75
Sunflower	17.83
Flying Ants	31.43
Poultry feed	Avg. 17.00 (frequently analyzed)
Starch	15.00
Dextrin	16.58
Potato waste	15.50
Ostrich Feed	15.75

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